The Complete Reloading Manual for the .380 A.C.P.

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.380 ACP

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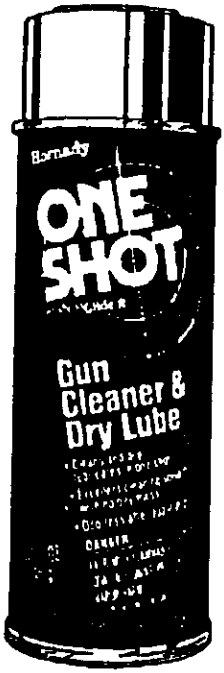

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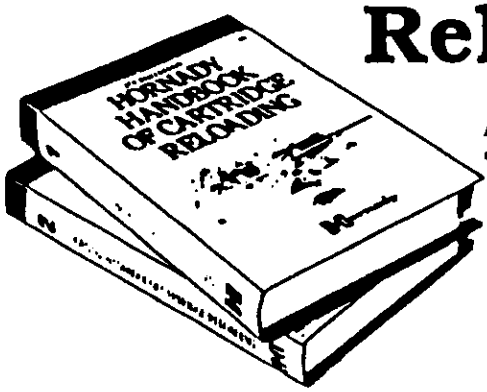

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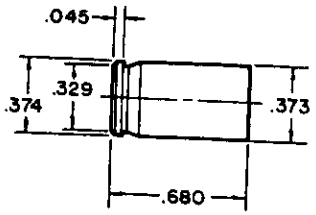

380 AUTOMATIC (9mm KURZ)

HANDGUN: ..... Beretta 84 F
BARREL: .. 3.88", 1 in 10" Twist
CASE: ..... Hornady/Frontier
PRIMER: ..... Winchester WSP

BULLET DIAMETER: .... 0.355"
MAXIMUM C.O.L.: ..... 0.980"
MAX. CASE LENGTH: ... 0.680"
CASE TRIM LENGTH: ... 0.670"

Kurz is the German word for short and a logical part of the four different names by which this one cartridge is known. The 9 x 17mm and 380 ACP round out more of the list. The 380 Auto is a fine 9mm cartridge that has been in military and police use in many countries. As the "ACP" suggests, it's a design of the legendary John Browning and was introduced in Belgium in 1912 as the 9mm Browning Short, yet another moniker.

The 380 Auto is regarded in the U.S. as an adequate defense and back up cartridge. Much of its popularity derives from the many different firearms made for it, both European and American.

Hornady makes two 9mm bullets that work very well in the 380; the 90 grain Jacketed Hollow Point and the 100 grain Full Metal Jacket. The 380 has sufficient power for hunting small game such as rabbits, but the firearm for which it is chambered are generally not accurate enough for such use. Most of these firearms are constructed for self defense, where a high degree of accuracy is not necessary. However some of the better models with adjustable sights are suitable for informal target shooting and hunting small game at limited distances.

All powders listed performed adequately, with Winchester 231 giving the best overall results.

.380 A.C.P. - HORNADY BULLETS

90 GRAIN BULLETS

SECTIONAL DENSITY: 0.102
DIAMETER: 0.355"

#35500 HP-XTP
B.C.: 0.099 C.O.L.: 0.965"

	VELOCITY (FPS–feet per second)					
POWDER	850	900	950	1000	1050	1100
TITEGROUP	2.2 gr.	2.4 gr.	2.6 gr.	2.9 gr.	3.1 gr.	3.4 gr.
VIHT N-320	2.7 gr.	2.9 gr.	3.0 gr.			
700 X	2.8 gr.	3.0 gr.	3.1 gr.			
HP 38	2.9 gr.	3.1 gr.	3.2 gr.	3.4 gr.	3.5 gr.	
Bullseye	3.0 gr.	3.1 gr.	3.3 gr.	3.4 gr.		
WIN 231	3.2 gr.	3.4 gr.	3.6 gr.			
VIHT N-330	3.3 gr.	3.5 gr.	3.6 gr.	3.8 gr.		
CLAYS UNIV	3.4 gr.	3.6 gr.	3.7 gr.	3.8 gr.		
POWER PIST	4.0 gr.	4.2 gr.	4.5 gr.	4.7 gr.		

100 GRAIN BULLETS

SECTIONAL DENSITY: 0.113
DIAMETER: 0.355"

#35527 FMJ-RN ENC
B.C.: 0.115 C.O.L.: 0.980"

	VELOCITY (FPS–feet per second)					
POWDER	700	750	800	850	900	950
TITEGROUP	2.3 gr.	2.4 gr.	2.6 gr.	2.8 gr.	3.0 gr.	
Bullseye	2.3 gr.	2.5 gr.	2.7 gr.	2.9 gr.	3.1 gr.	
700 X	2.4 gr.	2.6 gr.	2.7 gr.	2.9 gr.		
AA No. 2	2.5 gr.	2.7 gr.	2.8 gr.	3.0 gr.	3.2 gr.	
HP 38	2.5 gr.	2.7 gr.	2.9 gr.	3.1 gr.	3.3 gr.	
IMR PB	2.6 gr.	2.7 gr.	2.9 gr.	3.1 gr.	3.2 gr.	
WIN 231	2.6 gr.	2.9 gr.	3.1 gr.	3.3 gr.	3.5 gr.	
CLAYS UNIV	2.8 gr.	3.0 gr.	3.1 gr.	3.3 gr.	3.4 gr.	
VIHT N-330	2.9 gr.	3.1 gr.	3.2 gr.	3.4 gr.		
POWER PIST	3.0 gr.	3.3 gr.	3.6 gr.	3.9 gr.	4.1 gr.	4.4 gr.

indicates maximum load • use with caution

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Handgun

.380 A.C.P. - NOSLER BULLETS

In Europe, the John Browning-designed .380 ACP is known as the 9mm Kurz. By either name, it falls into the power category just below the highly regarded .38 Special.

For handloaders, Nosler offers the 90- and 115-grain jacketed hollow point and a 115-grain full metal jacketed bullet that are capable of 980 and 830 fps, respectively, from a four-inch test barrel when pushed by the right powder. Sighted in to hit one to two inches high at 25 yards, either bullet is perfectly suitable for smaller game such as rabbits, raccoons and squirrels as far out as the shooter can hold two- to three-inch groups. In quality handguns like the Walther PPK, Beretta Model 84 or the Colt Mustang, the .380 ACP is generally regarded by various law enforcement agencies in Europe and North America as nearly ideal for back-up work.

While certainly not ideal for hunting, my friend Layne Simpson used the .380 ACP to take javelina in South Texas. Not long after Layne disappeared into the brush on the trail of a small band of javelina, we heard a shot, followed by several others that were separated by two- or three-second intervals. Within a few minutes, Layne emerged from the brush with a broad grin.

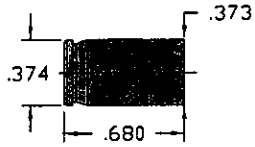
When asked how many javelina he had taken, Layne said, "One, but I had to shoot the wiggle out of him."

Now when I'm asked what I think of the .380 ACP, I just tell folks that it is suitable to take the wiggle out of javelina-sized game or a back-alley n'er-do-well, and it has been doing it for nearly 90 years.

Dave Hall

Dave is Editor of Handloader, Hunting Horizons *and* Rifle *magazines.*

.380 A.C.P. - NOSLER BULLETS



RIFLE:	Barrel:	Colt Mk IV Mustang
	Length:	2¼"
	Twist:	1-16"
CASE:		Remington
PRIMER:		WSP

Comments from the lab

The .380 Automatic (ACP), alias 9mm Browning Short (among other names), is quite a common chambering for smaller automatic handguns. Like most pistol cartridges, it headspaces from the case mouth. When loading for this cartridge, bell the case mouth just enough to reliably guide the bullet into position and then secure the bullet with a taper crimp. Using this seating and crimping technique will help ensure proper headspacing.

The S.A.A.M.I. overall cartridge lengths for this cartridge are .940" min. and .984" max. Seating on the higher end of this range is best so as not to encroach on the .380's already limited case capacity, provided the longer rounds will function well in your particular firearm.

Nosler 90 Grain

90 gr.
Hollow Point

*Most Accurate Load Tested
**Compressed Load

Ballistic Coefficient .086
Sectional Density .102

Powder	Charge Weight in Grains	Muzzle Velocity (fps)	Load Density
AA-No. 2	Max. 3.5*	982 fps	44%
	3.0	877 fps	38%
	2.5	772 fps	32%
HP 38	Max. 3.5	890 fps	44%
	3.0	770 fps	38%
	2.5*	650 fps	32%
W 231	Max. 3.2*	708 fps	41%
	2.7	583 fps	34%
	2.2	458 fps	28%
AA-No. 5 (Most Accurate Powder Tested)	Max. 4.5*	810 fps	57%
	4.0	650 fps	51%
	3.5	490 fps	44%

Nosler 115 Grain

115 gr. Full Metal Jacket

Ballistic Coefficient .103
Sectional Density .130

115 gr.
Hollow Point

Ballistic Coefficient .110
Sectional Density .130

*Most Accurate Load Tested
**Compressed Load

Powder	Charge Weight in Grains	Muzzle Velocity (fps)	Load Density
SR 7625	Max. 3.1	832 fps	59%
	2.6	747 fps	49%
	2.1*	662 fps	40%
HP 38	Max. 2.6	720 fps	49%
	2.1	620 fps	40%
	1.6*	520 fps	30%
UNIQUE	Max. 3.3	807 fps	63%
	2.8	715 fps	53%
	2.3*	622 fps	44%
SR 4756 (Most Accurate Powder Tested)	Max. 3.3*	748 fps	63%
	2.8	643 fps	53%
	2.3	538 fps	44%

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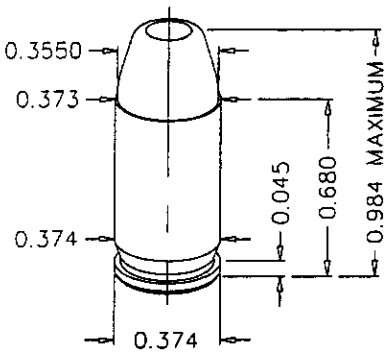
380 Auto (ACP)



Test Specifications/ Components

Firearm Used: Walther PPK
Barrel Length: 3 1/4"
Twist: 1 x 16"
Case: Remington
Trim-to Length: 0.675"
Primer: CCI-500

Remarks:

The .380 Auto was introduced in 1908 in the Colt Automatic Pocket Pistol. Like so many other pistols and pistol cartridges introduced around the turn of the century, John M. Browning designed the .380 Auto cartridge and Colt pistol first chambered for it. Although it was first introduced here in the U.S., the .380 has become one of the three most popular cartridges in Europe, where it was actually adopted by several military units. As a result, the cartridge has become known by several different names, such as the .380 ACP, 9mm Browning Short, 9mm Corto, 9mm Kurz or 9x17mm.

The .380 has also been widely used as a European police cartridge, serving as the standard duty round in many agencies. Here in the U.S., much larger cartridges are the norm. The .380 is one of the smallest cartridges generally adequate for self defense work and has been mainly carried as a back-up by our police officers. Chambered in a wide variety of small automatic pistols, .380s run the gamut from extremely high quality firearms such as the Walther, Browning, and Beretta, to poorly made pot metal junk. In a well made handgun, the .380 is one of the finest cartridges for blow-back pocket pistols. For defensive uses, it is a much better choice than its smaller brethren, the .25 and .32 ACPs.

The .380 is an excellent cartridge and can be reloaded with good results. Sierra offers a good variety of .355" diameter bullets suitable for the .380 Auto. Lighter bullets are best suited to .380's velocity, and best expansion is normally achieved with the 90 grain JHP. For situations requiring deeper penetration, the 95 grain FMJ is a superb choice. All in all, the .380 is a good small game and plinking cartridge, but is also capable of handling the more serious tasks of defensive pistolcraft.

380 Auto (ACP) continued

#8100 .355" 90 grain JHP
C.O.A.L. 0.930"

Powder↓/Velocity→	750	800	850	900	950	1000
Bullseye	2.5	2.7	2.9	3.0		
231		2.9	3.0	3.2		
700X	2.2	2.4	2.7	2.9	3.2	
Unique		3.2	3.5	3.8	4.2	4.6
SR7625	3.3	3.5	3.7	3.8		
Energy/ft.lbs.	**112**	**128**	**144**	**162**	**180**	**200**

	Powder	Grains	Velocity	Ft. lbs.
Accuracy Load	Unique	4.2	950	180
Hunting Load	Unique	4.2	950	180

#8105 .355" 95 grain FMJ
C.O.A.L. 0.960"

Powder↓/Velocity→	750	800	850	900	950	1000
Bullseye	2.6	2.8	3.0	3.2	3.4	
HP 38	2.6	2.8	3.0	3.2	3.3	
231	2.8	3.0	3.2	3.3	3.4	
Red Dot	2.7	2.9	3.0	3.1		
700X	2.5	2.6	2.7	2.8	2.9	
Unique	3.1	3.3	3.5	3.7	3.9	4.0
SR7625	3.0	3.2	3.3	3.5		
HS-6	4.4	4.6	4.8	5.0	5.2	5.4
Herco	3.5	3.8	4.1	4.4	4.6	4.8
Energy/ft.lbs.	**119**	**135**	**152**	**171**	**190**	**211**

	Powder	Grains	Velocity	Ft. lbs.
Accuracy Load	Unique	3.9	950	190
Hunting Load	Unique	3.9	950	190

INDICATES MAXIMUM LOAD – **USE CAUTION**
LOADS LESS THAN MINIMUM CHARGES SHOWN ARE NOT RECOMMENDED.

380 Auto (ACP) continued

#8110 .355" 115 grain JHP
C.O.A.L. 0.930"

#8115 .355" 115 grain FMJ
C.O.A.L. 0.984"

Powder↓/Velocity→	600	650	700	750	800	850
Bullseye	1.8	2.0	2.1			
231	2.0	2.1	2.3			
700X	1.8	1.9	2.1	2.2	2.4	2.6
Unique	2.7	2.9	3.0	3.2	3.4	3.5
SR7625				2.6	2.9	3.2
Energy/ft.lbs.	**92**	**108**	**125**	**144**	**163**	**184**

	Powder	Grains	Velocity	Ft. lbs.
Accuracy Load	Unique	3.4	800	163
Hunting Load	Unique	3.4	800	163

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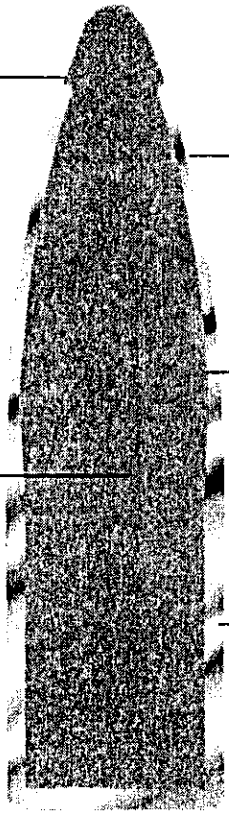

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.380 A.C.P. - SPEER BULLETS

The 380 Auto was introduced to U.S. shooters in 1908 when Colt chambered it in the Pocket Automatic, a compact and well-built pistol designed by John Browning. The cartridge was also introduced in Europe as the 9mm Browning Short. In an era when some people considered a 32 caliber a "big gun," the 380 Auto created quite a stir. It was compact enough to be chambered in any pistol that could handle the 32 Auto cartridge yet offered a distinct ballistic advantage.

Following the Second World War, no American gun makers chambered pistols for the 380 but there were plenty of new and surplus imported guns around. Factory ammunition was limited to a single load—a 95 grain FMJ bullet with a nominal muzzle velocity of 950 feet/sec. Because there is so much variation in chamber and bore dimensions, many factory loads do not meet this specification in production pistols.

In the 1970's new, high-quality pistols began to appear on the market. At the same time, ammo makers offered hollow point bullets to improve the terminal effects of the cartridge. The 380 has always been a popular back-up gun for peace officers and is often chosen for home defense. It will never challenge the performance of the 9mm Luger but is far ahead of the 32 Auto for defense when loaded with modern JHP ammunition.

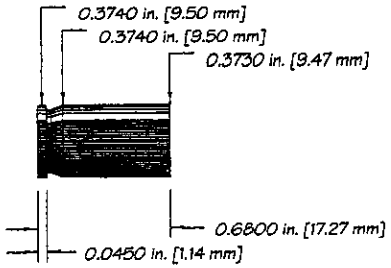
Most 380 pistols have rudimentary sights better suited for concealed carry, and trigger pulls are often heavy. As a result, the 380 isn't much of a target or hunting pistol. There are exceptions of course; quality Walthers, SIG's, Berettas and others can give exceptional accuracy with good ammo.

Although not as widely reloaded as other centerfire pistol cartridges, the 380 requires few special techniques other than a shorter loading block and a tight case neck fit (to avoid bullet set-back on feeding). There is now a good choice of .355" bullets for the 380, including the high-tech Speer Gold Dot 90 grain HP. The 95 grain TMJ is recommended for practice and plinking.

Earlier Speer manuals showed loads for 115 grain bullets designed for the 9mm Luger. However, the long nose of these bullets and the newer 115 grain Gold Dot often leave part of the case mouth unsupported when seated to the proper length in the 380 case. As a result, some reloaders encountered feeding problems and we have deleted these loads.

Because the 380 headspaces on the case mouth, light taper crimping is required. A taper crimp also produces a nicely finished case mouth that helps feeding reliability. These loads do not exceed the 21,500 psi pressure limit established for the 380 by SAAMI.

.380 A.C.P. - SPEER BULLETS



Max. Case Length: 0.680"
Trim-to Length: 0.670"
Max. Cart. Length: 0.984"
RCBS Shellholder: #10
Barrel Length: 3.80"
Twist: 1-10"

Test Firearm: Walther PP
Case: W-W
Primers: CCI 500

.355" Dia.
90 Grain
Sect. Density .102

	9mm GD-HP					
Ballistic Coefficient	0.101					
C.O.L. Tested At	0.970"					
Speer Part No.	3992					

Powder	Wt. Grs.	Mzl.Vel.	Powder	Wt. Grs.	Mzl.Vel.	Powder	Wt. Grs.	Mzl.Vel.
AA #2 Impr.	**3.9**	**1056**	Power Pistol	**4.8C**	**1020**	Tite-Group	**3.2**	**976**
	3.5	982		4.4	944		2.8	885
AA #7	**7.0C**	**1050**	H. Universal	**4.3**	**994**	WSL	**3.6**	**972**
	6.3	941		3.8	821		3.2	825
Vlht. N320	**3.4**	**1044**	700-X	**3.6**	**988**	American Select	**3.3**	**955**
	3.1	953		3.2	812		2.8	841
Unique	**4.6C**	**1034**	AA #5	**5.4**	**984**			
	4.1	877		4.8	845			
231	**4.0**	**1031**	Bullseye	**3.4**	**981**			
	3.6	978		3.0	885			

Notes: Bold print denotes maximum loads. They should be used with caution. C = Compressed Load

.380 A.C.P. - SPEER BULLETS

.355" Dia.
95 Grain
Sect. Density .108

	9mm TMJ					
Ballistic Coefficient	0.131					
C.O.L. Tested At	0.970"					
Speer Part No.	4001					

Powder	Wt. Grs.	Mzl.Vel.	Powder	Wt. Grs.	Mzl.Vel.	Powder	Wt. Grs.	Mzl.Vel.
	4.0	**1027**		**3.3**	**990**	AA	**5.0**	**949**
231	3.6	945	Bullseye	3.0	874	#5	4.6	871
AA	**6.5**	**1019**	H.	**4.1**	**979**	American	**3.3**	**935**
#7	5.9	971	Universal	3.6	854	Select	2.8	824
	3.4	**1012**	Power	**4.7**	**974**	Tite-	**3.1**	**930**
700-X	3.1	912	Pistol	4.2	883	Group	2.7	851
	4.2	**1006**	AA	**3.7**	**965**			
Unique	3.8	918	#2 Impr.	3.3	887			
Viht.	**3.4**	**998**		**3.5**	**960**			
N320	3.0	893	WSL	3.1	849			

Notes: Bold print denotes maximum loads. They should be used with caution. C = Compressed Load

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Lyman Dept 000, Route 147
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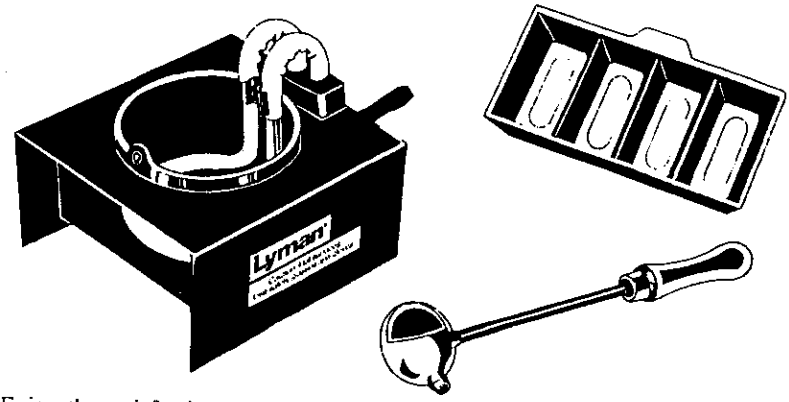
NEW PRODUCTS REPORT

CAST YOUR OWN

And cast high cost to the wind



Enjoy the satisfaction of casting your own bullets, fishing jigs or sinkers. The fully electric **Mini-Mag Furnace** features a long life, heavy duty heating coil that will give you years of quality melting.

The **Mini-Mag Furnace** is designed for use with a ladle and has an operating capacity of 8 lbs. It reaches a temperature of over 700° in about 20 minutes and the stable metal base can be used as a pre-heater for mould blocks. The furnace comes with a 3 prong safety cord.

It is the best capacity value available today. Try Lyman and cast with confidence.

See your Lyman dealer for our complete line of casting equipment. Also available direct for $39.95 postpaid. Send check or money order. Visa/MC accepted. Write for free mini-catalog.

Questions? Call toll free 1-800-22-LYMAN

Lyman **Dept 000, Route 147 Middlefield, CT 06455**

Reloading Data Introduction:

The data listed in this section have been tested by our technicians and found to be safe when loaded with our test components and fired (under our laboratory controlled conditions) in our testing equipment. Since Lyman Products Corporation has no control over the manufacture of the various components listed, the actual loading, choice or condition of the firearms and components used, no responsibility for use of this data is implied or assumed.

Components:

The reader should bear in mind that the components listed are not of Lyman manufacture. Therefore, it is impossible that production changes affecting ballistic performance can occur at any time without our knowledge. If there is ever a question as to the correctness of the component specified, write to its manufacturer.

Starting Load:

It is essential that the reader begin with the suggested weight of powder listed in this bracket and work up slowly (following load development precautions) to his best performing load. The novice should use only the "starting load" for a period of time until he builds confidence and experience. Never decrease this charge as an increase in pressure could be encountered.

Maximum Load:

All loads which are listed as maximum were tested and classified as maximum by our technicians in accordance with our laboratory standards. **Under no circumstances should these loads be exceeded**, nor should they be quickly accepted by the reader as a safe working maximum for his particular rifle or pistol.

Many reloaders misinterpret the meaning of the "maximum load." They wrongly assume that if a high pressure load proved safe in a test laboratory then it is equally safe under any and all conditions. This is not true. The reader must start with the "starting load" and work up his load carefully. Working with his particular firearm and component combination, he may encounter signs of excess pressure before he reaches the maximum charge listed.

The technician classifies a load as maximum after carefully considering many aspects of its ballistic performance. **The maximum average pressure of the load is not the only criteria.** Often a load having an acceptable maximum average pressure will be rejected (or reduced) due to its erratic performance. Accuracy must also be considered, particularly when dealing with cast lead alloy bullets. In all instances, the maximum listing represents what our technicians consider to be the maximum working combination for the bullet, powder and caliber listed. These loads do not exceed SAAMI standards.

Accuracy Loads:

When a load is noted as such in the data tables proper, it means that the given combination of components produced the most uniform internal ballistics of any load tested utilizing that particular bullet design.

Unless noted in "Comments," the accuracy load was not fired at targets. The load, however, does have a high potential--assuming all external factors are optimun–for producing outstanding accuracy since uniform internal ballistics are critical to accuracy on target. You cannot have one without the other.

Test Parameters:

Velocities shown were taken at fifteen feet and not corrected to the muzzle.

Each test string began with a clean dry barrel and consisted of ten shots.

Loads exhibiting erratic internal ballistics were not persued.

We had no problem with leading in any of our testing.

Bullets:

Bullet numbers are listed in the introductory specifications for each cartridge and in the headline above the appropriate data block–along with an illustration of that particular bullet.

Please note these bullets are artists' rendering. Comparing your bullet against the drawing could reveal minor differences. Furthermore, minor changes are sometimes made to bullets. These drawings, which appear throughout the data sections, are for general reference only and are not intended to be a precise representation.

Bullet alloy is noted as is the exact weight of each tested bullet.

Not all cast bullets within a given caliber are intended to perform equally. We have used them in the most appropriate chamberings.

Powders:

We have limited our testing to those powders which are manufactured in the United States and which are readily available to the consumer. The following brands are listed: Dupont (now IMR), Winchester, Hercules, Alcan, Hodgdon and Gearhart-Owen.

Compressed Loads:

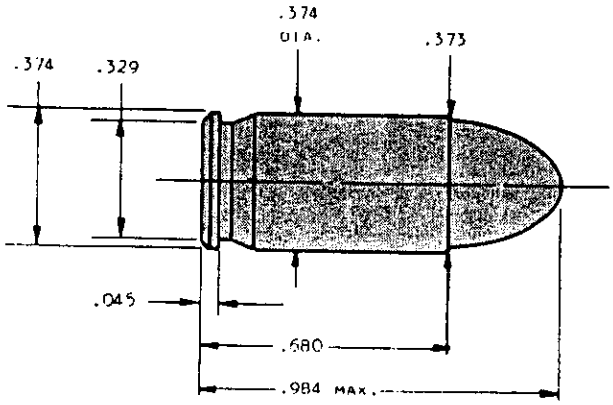
All compressed loads are indicated with a +. Depending upon the volume of the specific cartridge case used by the reader, he may, or may not, have difficulty starting bullets in such loads. If the bullet will not start, reduce the load sufficiently so that 1/10" of space remains in the case neck. Start the bullet into the case and use whatever additional pressure is required to fully seat the bullet. Failure to comply could result in a bulged case.

Filler Wads:

Dacron filler wads in the form of 1/4-inch thick batting were used in conjunction with cast bullet loads, where indicated. This material can be purchased in most yard-goods stores. It should be cut into squares, which seal the case.

When developing a load, if a wad is desired, its should be used from the beginning as the charge weight is increased. It should never be added as an afterthought, once a maximum load has been established, since its presence could result in a pressure increase of 2,000 CUP or more.

.380 A.C.P. - LYMAN BULLETS



COMMENTS:

Groove diameters have been measured as small as 0.355" to as large as 0.362 inch. Such variations can play havoc with accuracy. Because of chamber restrictions it is generally not safe to load bullets of a diameter larger than 0.355 inch.

Heavy (long) bullets of 0.355" diameter may cause case bulging due to the internal case taper. This may be ignored so long as the outside diameter of the case at the bulge does not exceed 0.374 inch.

Winchester 231 is an outstanding performer with all weight bullets in this cartridge. Cast bullet #356632 is a good all around choice for this caliber.

TEST COMPONENTS:

Cases ..... Federal; Super Vel (cast bullets only)
Trim-to Length ..... .677"
Primers ..... Federal 100;
Winchester 1½-108 (cast bullets only)
Primer Size ..... Small Pistol
Lyman Shell Holder ..... No. 26
Cast Bullets Used ..... (Sized to .355" dia.)
#356242, 92 gr.
#356632, 100 gr.
#356242, 121 gr.

TEST SPECIFICATIONS: (Velocity & Pressure)

Firearm Used ..... Universal Receiver
Barrel Length ..... 3¾"
Twist ..... 1-16"
Groove Dia. ..... .355"

.380 A.C.P. - LYMAN BULLETS

#356242
92 gr., (#2 Alloy) .980" OAL

POWDER	Sugg. Starting Grains	Velocity fps	Pressure C.U.P.	Max. Load Grains	Velocity fps	Pressure C.U.P.
700X	1.9	695	11,100	2.5	900	15,800
PB	2.2	645	10,300	2.8	860	15,200
**SR-4756	2.8	633	6,900	4.1	970	15,600
Bullseye	2.4	750	11,800	3.0	915	16,000
Red Dot	2.0	690	11,000	2.6	880	15,200
Green Dot	2.1	655	10,000	3.0	910	16,000
Unique	3.1	755	11,800	3.7	920	16,000
**Blue Dot	4.0	667	7,000	5.5	961	14,600
**231	2.3	701	7,900	3.5	1000	15,600

#356632
100 gr., (#2 Alloy) .885" OAL

POWDER	Sugg. Starting Grains	Velocity fps	Pressure C.U.P.	Max. Load Grains	Velocity fps	Pressure C.U.P.
Bullseye	1.9	745	9,300	2.7	957	15,100
AA 2	2.0	736	9,600	3.4	977	15,400
Red Dot	1.8	745	9,200	2.7	991	15,700
231	2.0	739	9,200	3.1	1009	15,900
700X	1.7	713	9,200	2.5	959	14,700
AA 5	2.8	771	9,900	3.6	973	15,300
Unique	2.4	777	9,900	3.1	1001	15,700
SR-4756	2.4	724	9,400	3.3	981	15,600
Blue Dot	3.3	715	8,900	5.0	988	15,800

Note: Loads shown in shaded panels are maximum.

.380 A.C.P. - LYMAN BULLETS

#356242
121 gr. (#2 Alloy) .980" OAL

POWDER	Sugg. Starting Grains	Velocity fps	Pressure C.U.P.	Max. Load Grains	Velocity fps	Pressure C.U.P.
700X	1.4	610	11,300	1.9	750	15,800
PB	1.7	605	10,800	2.2	750	15,800
**SR-4756	2.3	662	7,800	3.5	927	15,800
Bullseye	1.6	600	10,500	2.1	750	15,200
Red Dot	1.6	615	11,000	2.1	770	15,800
Green Dot	1.7	620	10,800	2.3	760	15,400
Unique	2.2	630	11,300	2.8	780	15,600
**Blue Dot	3.7	732	9,000	5.3	948	15,900
**231	2.1	718	9,200	3.2	946	15,800

Note: Loads shown in shaded panels are maximum.
** Designates use of Federal cases.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THE RCBS® LIFETIME GUARANTEE.

380 Auto

Gun: Browning
Barrel: 4½"
Twist: 1-16
Cases: Speer
Primers: CCI 500

Wt. 115 GR.
Dia. .356"
Lube: Pistol

38-90-RN 

POWDER	WT. IN GRAINS	MUZ VEL	POWDER	WT. IN GRAINS	MUZ VEL
HS5	5.0	1097	**Bullseye**	3.0	931
	4.5	983		2.5	771
231	3.3	947	**700X**	2.4	915
	2.8	795		2.0	768

Wt. 115 GR.
Dia. .355
Lube: Pistol

09-115-RN 

POWDER	WT. IN GRAINS	MUZ VEL	POWDER	WT. IN GRAINS	MUZ VEL
HS6	4.5	1049	**Bullseye**	2.7	921
	4.0	923		2.2	754
231	3.0	923	**700X**	2.4	905
	2.5	761		2.0	751

.380 A.C.P. - RCBS BULLETS

Wt. 124 GR.
Dia. .356"
Lube: Pistol

09-124-CN 

POWDER	WT. IN GRAINS	MUZ VEL	POWDER	WT. IN GRAINS	MUZ VEL
HS5	4.0	930	**Bullseye**	2.0	752
	3.5	837		1.7	631
231	2.1	714	**PB**	2.0	748
	1.8	616		1.7	638

Wt. 125 GR.
Dia. .356"
Lube: Pistol

9mm-124-RN 

POWDER	WT. IN GRAINS	MUZ VEL	POWDER	WT. IN GRAINS	MUZ VEL
HS5	4.0	907	**700X**	2.0	783
	3.8	871		1.8	741
Unique	2.6	755	**Red Dot**	2.0	767
	2.4	727		1.8	725
HP38	2.2	724	**Bullseye**	2.0	720
	2.0	693		1.8	679
231	2.1	686	**PB**	2.0	689
	1.9	646		1.8	654

Introduction

There has been a re-evaluation of the criteria for selecting data for inclusion. This means there will be some disagreement with previous data. The data in this guide takes precedence over **all** prior publications. ***Previous editions of this loading guide should be discarded.***

For instance, we left out load combinations that were 'position sensitive'. This is what occurs when the load density is low. Velocity with the powder at the bullet is different from the velocity with the powder at the primer. More of these were noted with the ball propellants than with the extruded propellants.

In light of the growth of IPSC shooting, 38 Super Auto loads that make the 'major' classification (bullet weight x velocity = 175,000) are identified. While we have tested many combinations of components in 9mm Luger to attempt to meet 'major' requirements, we have not been able to find a load that makes the power floor for 'major' without exceeding SAAMI pressure recommendations. And while we were able to find loads for 38 Super Auto, they were not with lighter bullets. Turn to the data section for specific details.

In the charge tables, the 'START' charge listed for each load is our suggested beginning point with the components listed. There is the possibility that changing the named components could cause the maximum charge to be excessive, thus a reduction of the charge would be necessary. Some batches of military brass may require reducing the maximum charge by 8-12% to keep chamber pressure in line.

If you find signs of excessive pressure while using loads in this loading guide, STOP TESTING and verify all data and loading procedures. If they seem to be in order, check with our lab facility before proceeding.

Charge weights were obtained using industry standard pressure barrels. When time permitted, off-the-shelf weapons were used to obtain velocity figures. The guns used are noted.

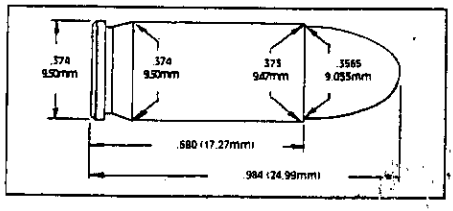
In reloading, the prime concern should always be SAFETY. **Always** wear eye protection when reloading, even when working with the 'non-volatile' components. **Always** keep the reloading area clean. **Never** have more than one propellant within easy reach at any given time. Avoid having similar looking bullets of different weights on the bench at the same time. Read the safety notes before loading.

We have not found magnum primers to offer any particular advantage with our handgun powders. But, there are some rifle cartridges where they were used.

Handgun loads using the slower powders (No.7, No.9, and 1680) require heavy crimp and high bullet pull to insure consistency - particularly with cast bullet loads or in extremely cold weather. Be sure your dies are capable of this, otherwise the consistency of the load will be affected.

In the text, bullet weights for cast bullets - identified by (L) are actual weights, not the nominal weights.

.380 ACP [9mm KURZ]



Known in Europe as the 9mm Browning Short, the .380 Auto was introduced by John Browning in 1912 and has been chambered by nearly every manufacturer of semi-automatic pistols.

The .380 Auto is a much better choice for self defense than either the .25 or the .32 Autos and is routinely used by several foreign police and military organizations.

In the hunting field, it is adequate for small game with cast or jacketed bullets, but only at close range.

The SAAMI Maximum Average Pressure for the .380 Auto is 17,000 C.U.P.

.380 ACP

Gun	OBERMEYER	Max Length	0.680"
Barrel Length	3"	Trim Length	0.670"
Primer	CCI 500	OAL Max	0.984"
Case	FC	OAL Min	0.940"

Bullet	START LOADS Powder	Grains	Vel	MAXIMUM LOADS Powder	Grains	Vel	C.U.P.	Cartridge Length	Comment
100 (L)	**No.2**	3.2	830	**No.2**	3.6	943	17,000	0.950"	Penny's
	No.5	4.1	811	**No.5**	4.5	922	16,900		SAECO 371
HDY 90 XTP	**No.2**	3.3	818	**No.2**	3.7	930	17,000	0.960"	
	No.5	4.3	810	**No.5**	4.8	920	16,700		
SRA 95 FMJ	**No.2**	3.3	822	**No.2**	3.7	934	14,600	0.945"	
	No.5	4.3	784	**No.5**	4.8	891	14,000		
HDY 100 FMJ	**No.2**	3.1	698	**No.2**	3.4	793	16,300	0.975"	
	No.5	4.4	788	**No.5**	4.9	895	17,000		

.380 ACP - ALLIANT POWDERS

ALLIANT

BARREL: 3.7" **PRIMER: WINCHESTER SP**

BULLET: 90 GR. JHP	**DIA. .355"**		**C.O.L. .960"**
UNIQUE	4.0	940	14,000 PSI
GREEN DOT	3.2	890	12,800 PSI
RED DOT	3.1	940	14,300 PSI
BULLSEYE	3.0	940	12,900 PSI
BULLET: 95 GR. FMJ	**DIA. .355"**		**C.O.L. .975"**
POWER PISTOL	4.7	1065	21,000 PSI
UNIQUE	4.2	910	14,600 PSI
GREEN DOT	3.5	890	14,700 PSI
RED DOT	3.1	885	14,900 PSI
BULLSEYE	3.2	900	14,700 PSI
BULLET: 100 GR. FMJ-RN	**DIA. .355"**		**C.O.L. .975"**
POWER PISTOL	4.6	1035	20,600 PSI
UNIQUE	4.3	1005	19,500 PSI
GREEN DOT	3.1	955	20,000 PSI
RED DOT	2.8	920	19,900 PSI
BULLSEYE	3.3	985	20,100 PSI

NEVER **EXCEED MAXIMUM LOADS.**

Praise The Load

With the Superior Performance of Hodgdon Powders

Superior accuracy can be achieved through reloading with reliable, consistently performing powder. To achieve this level of consistency, the experts at Hodgdon's select only the finest raw materials and give special attention to blending. Rigorous testing of ***each*** batch of powder further attests to Hodgdon's committment to quality.

For over 45 years, Hodgdon Powder has been a performance leader among shooters. This explains why more winning shooters competing in benchrest matches use Hodgdon Powder.

Hodgdon encourages every shooter to enjoy the advantages and economy of reloading with the superior performance of Hodgdon Powders.

For more information on reloading & Hodgdon Powders, write:

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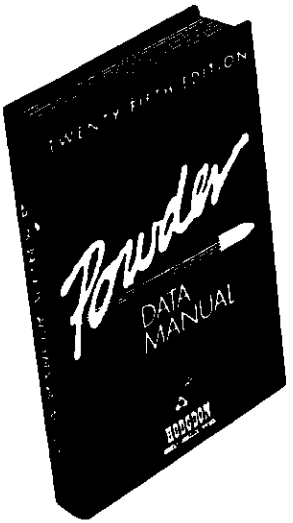

Required Reading for All Reloaders!

The Hodgdon Data Manual

The Hodgdon Data Manual is the most extensive reloading manual produced by a powder company. ***Over 500 pages*** of rifle, pistol and shotgun data and includes articles by many well known writers.

❒ Includes data on Hodgdon, Hercules, Winchester and IMR powders for rifle calibers.

❒ Complete rifle, lead bullet, shotshell, pistol, military and silhouette data included.

❒ Complete Pyrodex® section of data and loading information for muzzleloading guns and early cartridge firearms.

THE FAVORITE OF HANDLOADERS SINCE 1946

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Shawnee Mission, KS 66201
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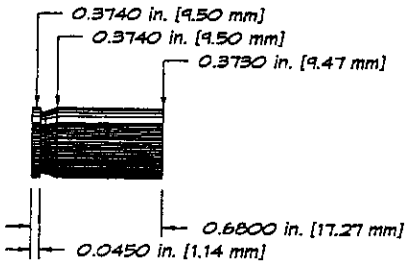
HODGDON POWDER CO.

380 AUTO

This is another of John Browning's cases that originated in Europe. The 380 ACP is also known as the 9mm Browning Short, 9mm Kurz or 9mm Corto. By any name, it is quite popular throughout the world where it is widely used by law enforcement personnel. In civilian hands, it serves quite well for self-defense.

With bullet weights from 90 to 100 grains, HP38, TITE-GROUP and Universal are excellent performers.

• • •



REMINGTON 3.75"		1:16" .675"
	CCI 500	

.380 A.C.P. - HODGDON POWDERS

Powder	Starting Loads Grs.	Vel.	Pressure	Maximum Loads Grs.	Vel.	Pressure
380 AUTO						
Case: REMINGTON			Twist: 1:16"			
Barrel: 3.75"		Trim: .675"	Primer: CCI 500			
Bullet: 90 GR. HDY JHP			**Dia.: .355" COL: .955"**			
UNIVERSAL	3.2	815	10,700 CUP	3.6	955	15,700 CUP
HP-38	3.2	917	13,900 CUP	3.5	957	15,400 CUP
TITEGROUP	2.7	826	10,800 CUP	3.2	970	15,600 CUP
Bullet: 95 GR. SPR FMJ			**Dia.: .355" COL: .970"**			
UNIVERSAL	3.1	814	12,500 CUP	3.5	901	15,500 CUP
HP-38	2.9	802	13,100 CUP	3.2	884	15,400 CUP
TITEGROUP	2.7	796	10,600 CUP	3.2	953	15,600 CUP
Bullet: 100 GR. HDY FMJ			**Dia.: .355" COL: .980"**			
UNIVERSAL	3.0	721	11,400 CUP	3.4	889	16,100 CUP
HP-38	2.9	819	13,800 CUP	3.1	843	15,400 CUP
TITEGROUP	2.6	793	11,400 CUP	3.0	912	14,700 CUP

NEVER **EXCEED MAXIMUM LOADS.**

.380 A.C.P. - IMR POWDERS

IMR

CASE: REMINGTON		BARREL: 3.75"		PRIMER: REMINGTON 1 1/2	
	STARTING LOADS			MAXIMUM LOADS	
POWDER	GRS.	VEL.	PRESSURE	GRS.	VEL.	PRESSURE
BULLET: 90 GR. HDY HP		**DIA. .355"**			**C.O.L. .970"**	
"HI-SKOR" 800-X				4.1	870	15,500 CUP
SR 4756				3.6	880	15,500 CUP
SR 7625				3.2	880	14,700 CUP
PB				3.0	890	15,700 CUP
"HI-SKOR" 700-X				2.9	895	15,900 CUP
BULLET: 100 GR. HDY FMJ		**DIA. .355"**			**C.O.L. .980"**	
"HI-SKOR" 800-X				4.0	840	14,700 CUP
SR 4756				3.5	875	15,900 CUP
SR 7625				3.0	855	15,500 CUP
PB				2.8	835	15,400 CUP
"HI-SKOR" 700-X				2.7	840	15,200 CUP

NEVER EXCEED MAXIMUM LOADS.

The information presented is based upon results obtained in our ballistics laboratory. Safe loading practices should be observed at all times. Since IMR Powder Company has no control over the circumstances of loading, we assume no liability for the results obtained, and we guarantee only that our powder meets our manufacturing standards.

.380 ACP - SCOT POWDERS

Barrel Length: 3 3/4" / Case: Hornady / Overall Length Minimum: 0.950"

ROYAL SCOT

Powder Charge	Bullet Weight & Type	Muzzle Velocity
2.4 grains	100 grain Hornady FMJ Round Nose	857 fps
2.4 grains	115 grain Hornady FMJ Round Nose	833 fps

PEARL SCOT

Powder Charge	Bullet Weight & Type	Muzzle Velocity
3.1 grains	100 grain Hornady FMJ Round Nose	930 fps
2.8 grains	115 grain Hornady FMJ Round Nose	836 fps

SOLO 1000

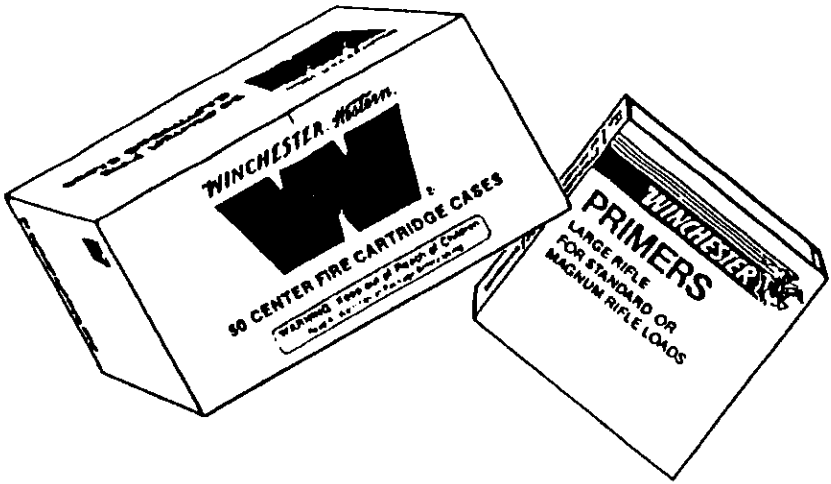
Powder Charge	Bullet Weight & Type	Muzzle Velocity
2.6 grains	100 grain Hornady FMJ Round Nose	896 fps
2.5 grains	115 grain Hornady FMJ Round Nose	835 fps

SOLO 1250

Powder Charge	Bullet Weight & Type	Muzzle Velocity
3.5 grains	100 grain Hornady FMJ Round Nose	955 fps
3.1 grains	115 grain Hornady FMJ Round Nose	876 fps

SOLO 1500

Powder Charge	Bullet Weight & Type	Muzzle Velocity
4.6 grains	100 grain Hornady FMJ Round Nose	905 fps
4.2 grains	115 grain Hornady FMJ Round Nose	855 fps



Get Superior Control With Winchester

Reloaders make strenuous demands on their components, and that's the reason why, year after year, more reloaders depend on Winchester.

Winchester is the only ammunition company that makes all of its own components, from raw materials through final product, for the control reloaders demand. Winchester primers are tested for consistent and dependable ignition in extreme temperatures. They are non-corrosive and non-mercuric, and they're carefully controlled for weight and height.

Winchester's patented smokeless, clean-burning BALL POWDER propellants are free-flowing for precise metering and chemically stable for consistent muzzle velocity, and reduced flash and barrel erosion.

Winchester metallic components offer the consistent performance found in factory loads.

WINCHESTER

WINCHESTER Centerfire Rifle Components

When selecting reloading supplies, be sure to look for the following finest quality **Winchester** components.

Primers

WLR, #8-1/2 - 120, Large Rifle
WLRM, #8-1/2M - 120, Large Rifle Magnum
WSR, #6-1/2 - 116, Small Rifle

BALL POWDER Propellants

680 Powder, 1 Lb. Container
748 Powder, 1 and 8 Lb. Containers
760 Powder, 1 and 8 Lb. Containers

Unprimed Rifle

U218	218 Bee	U300H	300 H&H Mag.
U22H	22 Hornet	U300	300 Savage
U22250	22-250 Rem.	U307	307 Win.
U220S	220 Swift	U308	308 Win.
U223R	223 Rem.	U3220	32-20 Win.
U225	225 Win.	U338	338 Win.Mag.
U243	243 Win.	U348	348 Win
U6MMR	6mm Rem.	U356	356 Win.
U2520	25-20 Win.	U358	358 Win.
U2506	25-06 Rem.	U375H	375 H&H Mag.
U257P	257 Roberts +P	U375W	375 Win.
U264	264 Win. Mag.	U4440	44-40 Win.
U270	270 Win.	U44M	44 Rem. Mag.
U284	284 Win.	U4570	45-70 Govt.
U7MM	7mm Mauser	U458	458 Win. Mag.
U3006	30-06 Springfield		
U3040	30-40 Krag		
U300WM	300 Win. Mag.		

.380 ACP - WINCHESTER POWDERS

WINCHESTER

CASE: WINCHESTER	BARREL: 3.75"	PRIMER: WINCHESTER SP	
BULLET: 95 GR. WIN FMJ	**DIA. .356"**	**C.O.L. .984" MAX**	
231	3.2	860	15,000 CUP

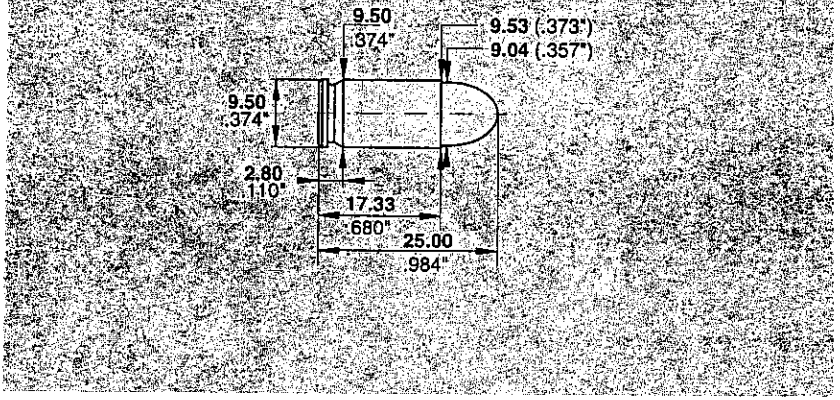
NEVER **EXCEED MAXIMUM LOADS.**

= WARNING =

Winchester makes no warranties express or implied, limited or full; specifically disclaim any and all warranties of fitness for a particular purpose and merchantability; and specifically disclaim any and all liability for consequential damages of any kind whatsoever. Failure to comply with these warnings or to use this data exactly as shown may result in accidents with serious injury and/or death to the shooter and/or bystanders.

.380 ACP

CIP max. dimensions in millimetres SAAMI in inches



Country of origin:	**Belgium**
Year of introduction:	**1912**
Max. bullet diameter:	**9.04 mm (.357")**
Max. cartridge length:	**25.00 mm (.984")**
Max. shell length:	**17.33 mm (.680"), trim to 17.20 mm (.670")**
Max. CIP piezo pressure:	**135 MPa (19575 psi)**

The 380 ACP, known also as 9mm Kurz and 9mm Browning Short, was introduced by the Belgium company Fabrique Nationale in 1912. This fine 9 mm cartridge is one of the many pistol cartridges designed by John M. Browning, and it served and still serves as the official police and military cartridge for many countries. It has been very popular because of the light, handy pistols chambered for it.

Although the more powerful 9mm Parabellum has enjoyed greater overall popularity the .380 ACP is alive and well. Many firearm manufacturers offers compact pistols in this caliber.

The .380 ACP may be classified as a minimum automatic pistol cartridge suited for self-defence, and it has sufficient power for hunting small game, like rabbits, where allowed. The firearms in this caliber are, however, not generally accurate enough for hunting purposes. Most of these firearms are autoloader pistols constructed for self-defence, where a high degree of accuracy is not necessary. However, some of the better models with adjustable sights are suitable for informal target shooting and plinking at limited ranges, too.

.380 ACP

TEST COMPONENTS:

Test barrel: 90 mm (3½"), 1 in 10" twist, manufactured to meet CIP minimum dimensions.

Primers: Small Pistol

Cases: Sako, trim-to length 17.20 mm (.677")

Reloading Data, English Units:

Bullet				Powder	Starting Load		Maximum Load		
Weight [grs]	Type	Mfg.	C.O.L. [in.]	Type	Weight [grs]	Velocity [fps]	Weight [grs]	Velocity [fps]	Pressure [psi]
90	HP-XTP	Hornady	.980	N310			2.8	1010	max.
				N320			3.5	1073	max.
95	TMJ	Speer	.960	N310			2.8	994	max.
				N320			3.6	1066	max.
100	FMJ	Hornady	.980	N310			2.5	912	max.
				N320			3.3	1007	max.

NOTE!
ONLY THE MAXIMUM LOAD IS SHOWN IN THE TABLES ABOVE. START LOADING WITH APPROXIMATELY 10% SMALLER POWDER CHARGE.

INDICATES MAXIMUM LOAD - USE WITH CAUTION!
LOADS LESS THAN MINIMUM CHARGES SHOWN ARE NOT RECOMMENDED